

the *Current*



Be Smart. Take Part. Prepare.

September is National Preparedness month. It's time to prepare yourself and those in your care for emergencies and disasters. If you've seen the news recently, you know that emergencies can happen unexpectedly in communities just like ours and to people you know. We've seen tornado outbreaks, river floods and flash floods, historic earthquakes, tsunamis, and even water main breaks and power outages in U.S. cities affecting millions of people for days at a time.

A basic emergency supply kit could include the following recommended items:

- Water - One gallon of water per person for at least three days for drinking and sanitation
- Food - at least a three day supply of non-perishable food
- Battery-powered or hand-crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Dust mask to help filter contaminated air and plastic sheeting and duct tape to shelter in place
- Moist towelettes, garbage bags, and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Manual can opener for food
- Local maps
- Cell phone with chargers, inverter or solar charger
- Prescription medication and glasses

Police, fire and rescue may not always be able to reach you quickly in an emergency or disaster. The most important step you can take in helping your local responders is to take care of yourself and those in your care; the more people who are prepared, the quicker the community will recover.

This September, please prepare for a scenario where you must go for several days without electricity, water service, access to a supermarket, or local services. Just follow these four steps:

Stay Informed: Information is available from federal, state, and local resources. Visit Ready.gov to learn what to do before, during and after an emergency.

Make a Plan: Discuss, agree on, and document an emergency plan with those in your care. For sample plans, see Ready.gov. Work together with neighbors, colleagues and others to build community resilience.

Build a Kit: Keep enough emergency supplies – water, nonperishable food, first aid, prescriptions, flashlight, and a battery-powered radio on hand – for you and those in your care (don't forget about your pets!).

Get Involved: There are many ways to get involved especially before a disaster occurs. The whole community can participate in programs and activities to make their families, homes and businesses safe from risks and threats. For more information, contact the City of Riverside's Office of Emergency Management at (816) 741-1191 or visit www.riversidemo.com/emergencymanagement.



Community Center

The Riverside Community Center offers free fitness classes and open gym every week. Questions? Call 816-741-4172.

SU, 1-5 p.m.

M/TU/W/TH, 2-5 p.m.

Open Gym

M/W/F, 8-9:30 a.m.

Cardio, Strength, Yoga

M/TH, 10-11 a.m.

Line Dancing & Weights

W, 10-11 a.m.

Stay Strong, Stay Healthy

W, 12-2 p.m.*

Bunco

*first Wednesday of the month

TH, 8:30-9:30 a.m.

Zumba

T/W/TH, 10-2 p.m.

Pickleball

Check online at www.riversidemo.com/recreation for the full YMCA class schedule!

Trash & Recycling Schedule

Friday is trash/recycling pickup day in Riverside, regardless of holidays. A glass recycling bin is also available in the City Hall parking lot.

Stay Connected

www.RiversideMo.com

www.RiversideMo.com/blog/

City of Riverside (Facebook)

@RiversideMo (Twitter)

RIVERSIDE MUSIC FEST

SEPT. 20 3-10 PM FREE!
AT E.H. YOUNG RIVERSIDE PARK

FEATURING



BIG TIME GRAIN COMPANY
REVELATION: A TRIBUTE TO JOURNEY
AND MORE!

Kid's Activities • Shopping • Food & Drink • Fireworks
And don't miss "The Great Amazing Jeff Taylor Race"
at 9 am and the PHS Homecoming Parade at 1:30 pm.

www.RiversideFest.com

CITY OF
RIVERSIDE
MISSOURI

ARGOSY
CASINO
HOTEL&SPA

105.1
JACK FM
playing what we want

101
FOX

NO PARKING IN PARK
FIND DETAILS ON WEBSITE

Holliday
SAND AND GRAVEL COMPANY

Get Rid of Antifreeze, Batteries, Oil and Paint on October 4

The Regional Household Hazardous Waste Program offers a safe way to dispose of unwanted hazardous waste and helps to protect public health and safety. As a member of the Regional HHW Collection Program, Riverside residents have access to the mobile collection event that Riverside and Parkville will host on Saturday, October 4 from 8 a.m. to noon at EH Young Park (1001 Argosy Parkway, Riverside, MO). Only antifreeze, batteries, oil and paint will be collected at this event. Because of their hazardous qualities, these items should not be thrown out with the regular trash. No business waste will be accepted. Please bring your ID to verify residency. More information can be found at www.recyclespot.org.



Riverside's ABOP Recycling Event will be on October 4 from 8 a.m. to noon at EH Young Park.

Green Events

City-Wide Garage Sale

September 26 & 27
Contact the Community Center at (816) 741-4172 for details.

City Clean Up Days

September 29 - October 3
October 6 - October 11
8 a.m. to 4 p.m. daily

Riverside Public Works Dept.
4200 NW Riverside St.
(816) 741-3908

Tires, Household Hazardous Waste, Paint and Air Conditioners will not be accepted. Washers and Dryers will be accepted.

Senior Health Fair & Caregiver Expo 2014

KNOW YOUR OPTIONS



NEW Location!

September 18th

Platte County Community Center North
3101 Running Horse Road, Platte City, MO 64079

8:30 am to 11:30 am

September 25th

Riverside Community Center
4498 NW High Drive, Riverside, MO 64150

8:30 am to 11:30 am

Services

- Flu Shots
- Acupressure
- Blood Pressure
- Bone Density
- Platte City Derma Scan
- Riverside Fasting Lipid Profile
- Medical Consultation
- Veteran Information

FREE ADMISSION

60 Exhibitors • Food and Door Prizes • \$50 prize drawings
Drawing for Shingles Shot Vouchers
(Must be present to win prizes)

Community Trail Walk

Explore the Riverside trail system this summer with a Community Trail Walk! September's walk will be on the Upper Line Creek Trail, which runs north from Vivion Road near the Library into KCMO. This will be our final trail walk of the season.

Saturday, September 6 at 10 a.m.

Meet at Homestead Park
4801 NW Homestead Terrace

Senior Dance

Grab your dancing shoes and head down to the Senior Dance on September 8 and 29. The dances are FREE and are at the Community Center, 4498 NW High Drive, from 1 to 3 p.m. See you there!



2950 NW Vivion Road
Riverside, MO 64150

First Class Presort
US Postage
PAID
Mail Works

Calendar

September 1

City Offices Closed

September 2

Board of Aldermen – 7 p.m.

September 3

Park Board Meeting – 6 p.m.

September 11

Planning and Zoning – 6:30 p.m.

September 16

Board of Aldermen – 7 p.m.

September 20

Riverside Music Fest

September 25

Planning and Zoning – 6:30 p.m.



Need Dental Work?

Dr. Michael D. Arnett, along with his staff at Briarcliff Dental Care, are hosting a Community Giveback Day as a thank you to the Riverside community for supporting his office. The event will be held on **Friday, September 26** and is intended to help provide free dental services to those who could not otherwise afford it.

Services

Dr. Arnett and his staff will provide each patient with a free limited exam and xray, along with either one free filling or one free tooth extraction.

Appointments

Space is limited so appointments will be accepted on a first come, first serve basis. To make an appointment, call (816) 741-6000.



BRIARCLIFF
Dental Care