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COMMUNITY CENTER CALENDAR



The YMCA offers fitness classes and league play to YMCA members every week at the Riverside Community Center. The full schedule is available online at www.RiversideMo.com

FITNESS CLASSES

Sun. 1-5 p.m. & Mon.-Thurs. 2-5 p.m.

Open Gym

Mon./Wed./Fri. 8-9:30 a.m.

Aerobic, Toning, Yoga

Mon./Thurs./Fri. 10-11 a.m.

Line Dance & Weights

Mon./Tues./Wed. 9-10 a.m.

Tai Chi for Beginners

Mon./Wed. 10-11 a.m.

Intermediate/Advanced Tai Chi

Mon./Wed. 12:15-1 p.m.

Express Strength

Mon./Wed. 5:15-6 p.m.

Yoga

Mon. 6-7 p.m.

Zumba

Tues. 12:15-1 p.m.

Core

Tues./Thurs. 8-9 a.m.

Zumba

Tues./Thurs. 10-11 a.m.

Silver Sneakers Classic

Tues./Thurs. 11 a.m.-12 p.m.

Silver Sneakers Yoga

Tues./Thurs. 11-3 p.m.

Hand & Foot Card Game

No YMCA Membership Required

Tues./Thurs. 5-7 p.m.

Pickleball

Wed. 10-11 a.m.

Chair Assisted Strength Training

Wed. 6-7 p.m.

Zumba Kids

Thurs. 12:15-1 p.m.

Yoga

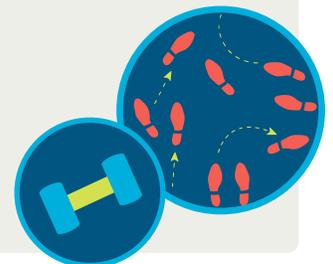
SENIOR DANCES

No YMCA Membership Required

**October 8
October 29**

**November 15
(Last 2018 Dance)**

1-3 p.m.





the Current

More Opportunities Beyond the Bell

For most Riverside students, learning occurs during the school day. But for students at English Landing Elementary who could benefit from a little extra support, the Beyond the Bell program delivers individualized tutoring each Tuesday and Thursday during the school year at the Riverside Community Center. Staffed by English Landing Elementary teachers, the program serves nearly 40 students and features a mix of educational games, individualized learning and classwork. Participation is offered by invitation to preserve an effective teacher-to-student ratio.

“Every single teacher at English Landing commits to working with Beyond the Bell at least once. It makes me proud as a principal to say that,” English Landing Elementary Principal Kerry Roe said.

Principal Roe is grateful for the partnership between the school and the City of Riverside that makes Beyond the Bell possible. In addition to extended learning, she sees firsthand how the program benefits the children who attend. “Knowing that the teachers want to spend time with them outside of school hours makes a real difference in their lives,” Roe said.

Learning Outside the Classroom

Park Hill Professional Study Program Connects High School Students with Riverside Police and Fire

Connecting classroom learning with professional experiences is the goal of the Park Hill Professional Study Program. It is a one-semester, highly immersive internship that matches high-achieving juniors and seniors with partners in their chosen fields of interest. Students spend two hours a day, four days a week for 12 weeks within a participating organization helping to fill a workforce need. They earn dual credit hours from Northwest Missouri State University, and in the case of the City of Riverside, they also gain a lifelong adviser.

“So often our kids don’t get the same personalized attention from other companies as they get from Riverside’s public safety departments,” said Stephanie Amaya, Director of Professional Studies at the Park Hill School District. She recently placed a student with Fire Chief Gordon Fowlston and one with Police Captain Mike Costanzo. “It was amazing watching these men and their teams surround our kids with support and guidance.”

Long-term, Fowlston and Costanzo are helping students grow into future leaders who will potentially spread the good word about Riverside to other students. “The idea is to develop a pipeline from here where these students want to pursue their careers at vocational or technical schools and colleges, and then come back to serve the community in which they grew up,” Amaya said.

For the 2018–2019 school year, the Riverside Police Department has expanded from hosting one intern to two. Amaya said she looks forward to continued partnerships with Riverside Public Safety.



Regan and Shalleica participated in the Professional Study Program in 2017, led by Program Director Stephanie Amaya.

Election and Filing Dates

The City's next General Municipal Election is April 2, 2019, and the first date for candidate filing will be December 11, 2018. The City will have candidates for one alderman from each ward. Those with terms ending are: Alderman Al Bowman (Ward I), Alderman Aaron Thatcher (Ward II), and Alderman Salvatore LoPorto (Ward III).

Questions?
Contact the City Clerk at (816) 741-3993.



E.H. Young Park Plans Developing

With the Master Plan finalized, the City continues to work with Confluence on detail design for Phases I & II of E.H. Young Riverfront Park. Proposed amenities for the first two phases include a gathering plaza around the existing entrance bell tower, re-aligned road infrastructure and parking, pickleball courts, a dog park, and a destination playground.

On Sept. 20, Confluence presented design development and playground ideas to the Riverside Park Board. Playground ideas currently favored include some nature-based play elements, water runnels, musical instruments, and opportunities to climb and explore. Stay tuned for more: Construction should begin in Spring 2019.



The playground area is envisioned as a series of interconnected spaces with shade from existing and new trees.



Above: Playground images presented to the Park Board.

MARK YOUR CALENDAR! RIVERSIDE SPECIAL EVENTS

OCTOBER

3 Lunch and Learn: Mindfulness and Relaxation

11:15 a.m.

Riverside Community Center

5-6 City-wide Garage Sale

8 a.m. – 5 p.m.

11 Riverside Fire Dept. Open House

5 – 8 p.m.

Riverside Fire Station

18 Trunk or Treat!

7 – 8 p.m.

Riverside Community Center

NOVEMBER

3 KC Mavericks vs. Utah Grizzlies Hockey Game with F/PAL

5:30 – 9:30 p.m.

Silverstein Eye Centers Arena

29 Holiday Tree Lighting

5 p.m. – Visit with Santa at

Riverside Mid-Continent Public Library

6 p.m. SHARP – Holiday Lighting at Corner Cafe Corporate Office

DECEMBER

4 Senior Holiday Dinner

12 – 2 p.m.

Riverside Community Center

15 Santa's Firetruck Ride Through Riverside

9 a.m. – 4 p.m.

For updates, follow along on:
Twitter: @RiversideMOFD
Facebook: Riverside Missouri Fire Department



To view the full City Calendar, visit: riversidemo.com/calendar

SAVE THE DATE:

Outdoor Fitness Court Ribbon Cutting & Launch Party

Saturday, October 20, 9 a.m.

Outside the Riverside Community Center

Just outside the Riverside Community Center you'll find one of the world's best outdoor bodyweight gyms – The Fitness Court®. You are invited to join City officials for the ribbon cutting and launch, slated for October 20 at 9 a.m. Following the ceremony, attendees are invited to help break in the Fitness Court, complete with free workout demonstrations, a community fitness challenge, free Fitness Court swag and more!

There is no charge to use the Fitness Court, which is suitable for adults of all ages (14+) and fitness levels.

Put on your workout gear, grab a water bottle, and head over to the Riverside Outdoor Fitness Court Ribbon Cutting & Launch Party! Come ready to sweat and celebrate the arrival of free outdoor fitness in Riverside.



Rules of the Road: Golf Cart Safety

Did you know that golf carts are street legal in Riverside? Cruising around our neighborhoods can be a lot of fun, but it's important to be safe and drive responsibly.



When operating on City streets, you must possess at least a valid Missouri Driver **Instruction Permit.**



Only drive your golf cart on streets with a posted speed limit of **25 mph** or less.



If driving at night, you must have functional **headlights, taillights, brake lights and turn signals.**



Only carry the appropriate **number of passengers** your golf cart was designed to transport.

To read the full ordinance, visit riversidemo.com/golfcarts



Bus Stop Safety

If you are a parent with children at a bus stop:

- Stay with your children at the bus stop at all times, especially smaller children. Be aware that distracted driving is a major safety concern.
- Teach your children what to do if a stranger approaches them at the bus stop.
- Children should be at bus stops in pairs, if possible, and never left alone.

If you drive by bus stops:

- Don't drive distracted. Trying to put on makeup, talking on the phone, texting, and so on are all distracted driving. Cars travel much faster than children can move.
- ALWAYS follow and obey bus warning lights and NEVER attempt to go around a bus displaying red flashing lights. Those lights mean children are present and either entering a bus or crossing a street.
- Be sure to drive within the posted speed limit. Also, if you are in a school zone or in an area school buses are known to travel and board children, slow down even more. It will not make you late to work, and could save a child's life. Braking distance is reduced significantly when you slow down even one or two miles per hour.