

Calendar

February 1

Board of Alderman – 7 p.m.

February 2

Park Board – 6 p.m.

February 7

Tourism Commission – 6 p.m.

February 10

Planning and Zoning – 7 p.m.

February 13 & 15

Cemetery Club Auditions,
Community Center – 3 & 7 p.m.

February 15

Board of Alderman – 7 p.m.

February 21

City Offices Closed

February 24

Planning and Zoning – 7 p.m.

2011 Senior Dance Schedule

Mark your calendars for these upcoming free Senior Dances.

Monday, February 28

Monday, March 28

Monday, April 25

Monday, May 30

Monday, June 27

Monday, July 25

Monday, August 29

Monday, September 26

Monday, October 31

All dances are from 1 to 3 p.m. at the Riverside Community Center, 4498 NW High Drive, and feature the Ed Smith Band. See you there! ☺





the Current

Earthquake Awareness Month

In 2011, Missourians will take part in important and unprecedented earthquake preparedness events, including a statewide “ShakeOut” drill on April 28. As part of this effort, Gov. Jay Nixon has proclaimed February as Earthquake Awareness Month.

“We don’t know when the next big earthquake will hit Missouri, but we’ve got to be ready when it does,” said State Emergency Management Director Paul Parmenter. “The bicentennial of the great New Madrid earthquakes of 1811-1812 provides a tremendous opportunity to help citizens, emergency responders and local officials prepare for such a natural disaster, so we can have the best response possible if a major earthquake strikes.”

In Missouri, a major New Madrid Seismic Zone earthquake would likely be felt throughout the state, as well as nearby states to the south and east. Missouri has a comprehensive earthquake response plan in place to assist the 47 counties that likely would be impacted most directly.

One of the best opportunities for the public to get involved is the Great Central U.S. ShakeOut on April 28. Missouri is one of seven Midwestern states that are asking residents to participate in an earthquake drills simultaneously at 10:15 a.m. that day. During the ShakeOut, residents should practice the “Drove, Cover, Hold On” technique for 60 seconds.

Riverside Hosts Girls on the Run Program

The City of Riverside is honored to be home to a Girls on the Run program this spring. Girls on the run is a life changing, experimental learning program for girls in 3rd through 8th grade. It’s a non-profit positive youth development program which combines an interactive curriculum and running to inspire self-respect and healthy lifestyles in pre-teen girls.

The core curriculum addresses many aspects of girls’ development - their physical, emotional, mental, spiritual and social well-being. Lessons provide girls with the tools to make positive decisions and to avoid risky adolescent behaviors including substance/alcohol use, eating disorders, early onset of sexual activity, sedentary lifestyle, depression, suicide attempts and confrontations with the juvenile justice system.

The program combines training for a 3.1 mile running event with self-esteem enhancing, uplifting workouts. At the end of the program, the girls complete a 5K running event as a group.

The Riverside Girls on the Run site meets every Tuesday and Thursday from 5 to 6 p.m. at E.H. Young Park (rain location: Riverside Community Center) from March 7 through May 21. During those times, coaches, assistant coaches and volunteers work with the girls through a curriculum aimed at the goals above while preparing them for their 5K run. Registration costs \$50 by February 15, \$75 by March 5 or \$100 for day of registration. To register for the program, visit www.gotrkcmo.org. Scholarships are available for the Riverside site. Please contact Meredith Hauck at 816-372-9023 or mhauck@riversidemo.com for scholarship details.

Although coaches must be women, men can participate as either assistant coaches or volunteers. The coaches training is Saturday, Feb. 19 from 9 a.m. to 2 p.m. at South Valley Middle School in Liberty. For more information on getting involved, please contact Sabrena Lea (GOTR Director) at 816-716-4977 or by email at jaco.gotr@gmail.com.

The 5K run is at 7 a.m., on Saturday May 21 on the Missouri Riverfront Trail. The race will start and finish at Argosy Casino. To register for the run, visit www.gotrkcmo.org or call Sabrena Lea. The fee is \$15 through March 7, \$20 through April 15 and \$25 until close of registration.



Green Tip

Clean windows with vinegar

Instead of harsh chemical sprays, get those windows and mirrors crystal clear with a simple mix of two tablespoons of vinegar, and a gallon of water dispensed in a spray bottle. You'll also save money and the hassle of needing to stock more cleaning supplies.

Calling all Riverside Kids

The Riverside Community Center is hosting a science workshop on Saturday, Feb. 19 from 1 to 2 p.m. for kids in 3rd through 5th grade. The workshop is limited to 20 children, so hurry and reserve a spot by Wednesday, Feb. 16. To sign up, call the Community Center at 741-4172 and ask for Lori or Nancy.

Stay Connected

www.RiversideMo.com

www.RiversideMo.com/blog/

City of Riverside (Facebook)

@RiversideMo (Twitter)

Trash Pick Up Schedule

FridayFebruary 4
FridayFebruary 11
FridayFebruary 18
FridayFebruary 25
FridayMarch 4

Solid Waste Services Update

We're one month in to our new solid waste contract with Town and Country Disposal, and we would like to thank you for your patience and cooperation during this adjustment period. Here are some additional details about the new services to help make this a smooth transition.

The Town and Country trucks are comingled, meaning trash and recycling will be picked up in one separated truck. It's a one man operation, so a few routes were changed. The truck will empty the carts on one side of the road and then turn around and collect the other side, instead of the old zig-zag pattern.

As Town and Country becomes more familiar with the City, the routes will be completed faster and the pick-up times will be earlier. Carts need to be placed at the end of your driveway by 7 a.m. every Friday morning. Once your carts are emptied, they need to be properly stored by your house, and not left out at the curb. According to City Code Section 225.030 Requirements for Solid Waste Containers, "No container shall be maintained within thirty-five (35) feet of any public street or public highway for more than twenty-four (24) hours." "Each container, when not placed in position for trash pick-up, shall be screened from the public highway or street by appropriate landscaping or framing." Carts may be stored in your garage, shed, backyard or hidden on the side of your house.

Additionally, if you or someone you know can't physically push the carts to the curb, Town and Country will pick up the carts at the door. To qualify for this program, residents must provide a doctor's note to City Hall and cannot have an able body person residing at the address requesting the service.

If you have any questions about the new services, please call City Hall at 816-741-3993, or Town and Country Disposal at 816-380-5595. ☺

Address Numbers Must be on Your House

As a reminder, City codes requires that address numbers are legible and visible from the street in order to easily locate your home during an emergency. Several residents have house numbers displayed on their mailbox. This



is fine, but they also **must be displayed on your house**. Easy-to-read house numbers are helpful for first-time guests, emergency vehicles and delivery people. In order to make sure all houses are in compliance, the City will be checking the visibility of all street numbers on every house.

According to City Code Section 229.070, "Buildings shall have address numbers assigned by the City placed in a position to be plainly legible and visible from the street or road fronting the property. These numbers shall contrast with their background. Address numbers shall be Arabic numerals or alphabet letters. Numbers shall be a minimum of four (4) inches (102 mm) high with a minimum stroke width of one-half (0.5) inch (12.7 mm)."

Questions? Please contact Linda Morrison, Neighborhood Services and Code Enforcement, at (816) 372-9075 or lmorrison@riversidemo.com. ☺

Municipal Elections - April 5

Riverside voters will go to the polls on April 5 for the Municipal Election. Candidate filing closed on January 18 and the following individuals have indicated their intent to run:

- Ward 1: Deana Winter
Mike Fuller, incumbent
- Ward 2: Aaron Thatcher, incumbent
- Ward 3: Brad Cope, incumbent



Polls will be open at the Riverside Community Center from 6 a.m. to 6 p.m. ↪

Avery Dennison Wins Top Award

Congratulations to Avery Dennison, from the Riverside Distribution Center, for receiving an award from the Occupational Safety and Health Administration (OSHA). The award is OSHA's Voluntary Protection Programs STAR Award.

It's one of OSHA's top awards and is presented only to companies with a perfect safety record and safety program in place. Management and employees were commended for their achievement with the company's employee safety and health program.

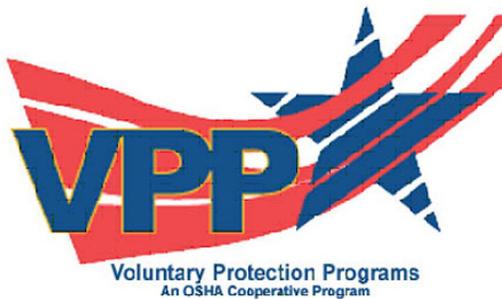
The company, which converts bulk rolls of paper and film materials into smaller roll widths/lengths for the narrow web industry, earned this recognition following a comprehensive on-site evaluation by a team of OSHA safety and health experts. The company employs about 30 workers at its Riverside facility.

"From the top down, Avery Dennison-Riverside has displayed an outstanding effort in implementing a comprehensive safety and health management system," said Charles

E. Adkins, OSHA's regional administrator in Kansas City. "The company is an exemplar of workplace safety."

The Voluntary Protection Programs recognize employers and workers in the private industry and federal agencies who have imple-

mented effective safety and health management systems, and maintain injury and illness rates below national Bureau of Labor Statistics averages for their respective industries. In VPP, management, labor and OSHA work cooperatively and proactively to prevent fatalities, injuries and illnesses through a system focused on hazard prevention and control, worksite analysis, training, management commitment and worker involvement. ↪



Spring Play

Auditions are right around the corner for the Riverside Community Theater's production of "The Cemetery Club." The play is about three widows who meet once a month for tea before going to the cemetery to visit their husband's graves. A butcher encounters the widows while visiting his wife's grave, and a budding romance develops between him and one of the widows, much to the chagrin of the other two.

The adult roles needed in the play are four women and one man. Performances are April 1, 2, 8 & 9. Auditions will be held at the Riverside Community Center, at 3 p.m. on February 13, and 7 p.m. on February 15. For more questions, contact Fair Based Productions at 816-260-1619.

Free Fitness Classes

The Riverside Community Center offers free fitness classes during the week.

M/W/F from 8 to 9:30 a.m. is Yoga/Cardio/Strength Class.

M/Th from 10 to 11 a.m. is Line Dancing and Weights.

Wed. from 10 to 11 a.m. is Stay Strong Stay Healthy Class.

New Open Gym Hours

The Riverside Community Center will now be open from 1 to 5 p.m. on Sundays for Open Gym during the Winter. Open Gym is also offered Monday through Thursday from 3 to 6 p.m.