

Get Ready for the Great Shakeout Feb. 7

On Tuesday, February 7, 2012, at 10:15 a.m. Central Standard Time, millions of Americans will participate in the Great Central U.S. Shakeout (ShakeOut), the second annual public earthquake drill in the region.

This date coincides with the 200th anniversary of the February 7, 1812 earthquake near New Madrid, Missouri. Scientists estimate that there is a 20-40 percent probability of a damaging earthquake occurring in the mid-west within the next 50 years. A large earthquake could have major impacts on national transportation, communication, utility, and financial systems. Recently, the M5.8 earthquake that occurred in Virginia on Tuesday, August 23, 2011 has shown many Americans that the central and eastern U.S. are not immune to seismic activity.

The ShakeOut is based upon a simultaneous "Drop, Cover, and Hold On" drill, and provides communities valuable time to practice this simple, yet potentially lifesaving, activity. Drop, Cover, and Hold On involves: Drop to the Ground, Take Cover under a sturdy table or desk if possible and protect your head and neck, and Hold On until the shaking stops.

The Great Central US ShakeOut is your chance to practice what to do before an earthquake happens in your community, and to get better prepared for a quick recovery. For more information, go to www.shakeout.org/centralus.

Not Your Typical Running Club

Twice a week, a group of girls and their coaches meet at EH Young Park to hit the pavement and do a little running and a lot of learning. The team, made up of girls in 3rd through 5th grade, is part of the national Girls on the Run program, which encourages girls to develop self-respect and healthy lifestyles through running.

Throughout the 10-week program, the girls train for a 5K (3.1 miles) while learning fun and valuable lessons about things like community, gossiping, bullying, communication skills, standing up for yourself, peer pressure and body image.

"At the core of this program is the message to the girls that they are amazing, incredible, and good enough," said Meredith Hauck, Riverside Director of Community Relations. "The City wanted to get involved with Girls on the Run because we felt this is an important message to arm our girls with as they get older and start facing the pressures that come with being a teenager."

Riverside Girls on the Run Coach Kristy Cope agrees.

"Running and accomplishing new goals the girls set for themselves during the program gives them a great sense of accomplishment and helps build 'I Can' attitudes," Cope said. "I am so proud of each girl I have had the privilege to work with in the last year - seeing the big smiles as they cross the finish line at the 5K is an amazing experience, and I am very excited for the spring session."

How to Join

The Girls on the Run spring session begins March 4 and runs through May 19. Teams meet across the metro, including at a number of YMCAs and schools in the Northland. The Riverside team meets from 5 to 6 p.m. on Tuesdays and Thursdays at EH Young Park. To register, go to www.gotrkcmo.org. The registration fee is \$75 through February 29 and \$100 through March 3. Each site is limited to 15 girls.

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Riverside Girls on the Run Team at the 2011 Spring 5K. This program is open to girls in 3rd - 5th grades and scholarships are available.

2012 Senior Dance Schedule

Mark your calendars for these upcoming free Senior Dances:

Monday, February 27
 Monday, March 26
 Monday, April 30
 Monday, June 25
 Monday, July 30
 Monday, August 27
 Monday, September 24
 Monday, October 29

All dances are from 1 to 3 p.m. at the Riverside Community Center, 4498 NW High Drive, and feature the Ed Smith Band.

Questions? Contact the Riverside Community Center at 741-4172. See you there!

Stay Connected

www.RiversideMo.com
www.RiversideMo.com/blog/
 City of Riverside (Facebook)
 @RiversideMo (Twitter)

Trash Pick Up Schedule

FridayFebruary 3
 FridayFebruary 10
 FridayFebruary 17
 FridayFebruary 24
 FridayMarch 2

Mayor Burch Honored

Former Riverside Mayor Betty Burch was recognized as the 2011 Northlander of the Year by the Northland Regional Chamber of Commerce in January. This prestigious award is given to a Northlander who has made an outstanding contribution to the community.

Mayor Burch started working for the City in 1975 as the City Clerk. Initially she thought the City Clerk only sold dog tags, but she quickly found out different and became knowledgeable about everything from zoning laws to FEMA and the State Constitution. In one article written about her during this time period, Mayor Burch is quoted as saying, "Some things are the same anywhere you go. For cities, they are so much the same. Weeds and Dogs. Citizens want to know why one is so high and the other is so noisy." After holding the City Clerk's position for 12 years, she successfully pursued the office of Mayor and was elected in 1988.

During her tenure in office, the community faced many challenges but also had many opportunities. During the flood of 1993, the City lost 70% of its business community and had considerable damage to homes and other infrastructure. Mayor Burch was committed to bring-

ing the community back, often saying, "we will get through this and we will come back better than ever."

Looking around Riverside now, it's easy to see that she was right. Through her leadership, the L385 Levee Project was completed and riverboat gaming came to the City. These two projects have helped



define Riverside and now serve as the backbone for the considerable development and infrastructure improvements that have since taken place.

"What started as a job in 1975 turned into a 30 year career full of purpose, strength, understanding, vision and leadership," Mayor Burch said. "Together these attributes provided me the energy and ability to assist a resident in need, construct basic infrastructure, manage struggling revenues, react and respond to devastation, encourage businesses to invest in Riverside, and continually assure people that 'change will be good.' I am humbled to join the list of past 'Northlanders' who have received this honor. Thank you." ☺

Scholarship Available for Girls on the Run

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The Riverside Fire/Police Athletic League has also joined with Girls on the Run to provide scholarships to qualifying Riverside girls to help cover the cost of the program and provide them with a new pair of running shoes. To qualify, girls must be eligible for the free/reduced lunch program through school. Scholarship applications are available by contacting Meredith Hauck at 372-9023 or mhauck@riversidemo.com. ☺

Municipal Elections - April 3

Riverside voters will go to the polls on April 3 for the Municipal Election. Candidate filing closed on January 17 and the following individuals have indicated their intent to run:

Mayor: Kathy Rose, incumbent
Mike Fuller

Ward 1: Ron Super, incumbent

Ward 2: Seth DeRose

Ward 3: Arthur Homer



Polls will be open at the Riverside Community Center from 6 a.m. to 6 p.m. ↪

A New Chapter for St. Matthew's Church

Although Riverside just recently celebrated our 60th anniversary, the roots in our community run much deeper than that. This area has been a place people call home since 5000 BC, with a variety of settlements from the Nebo Hill people to Belgian Farmers. The Riverside community we know today was founded in the 1840s, and one of the original structures from that time, St. Matthew's Church, which was built in 1844 still stands.

In 2012, St. Matthew's Church celebrated a new chapter in its history by joining the North American Lutheran Church.

"The fact that St. Matthew's Church is still standing in our community is representative of the hard working people that established a culture based on values and faith, and who blazed the way for the people we are today," Mayor Kathy Rose said. ↪



Get Missouri Riverfront Trail Updates Online

Wondering what portions of the Missouri Riverfront Trail are open? Just head to the City website. Updated information on which zones of the Missouri Riverfront Trail are currently open will be available on the Park and Recreation homepage, at www.riversidemo.com/recreation.

The Trail Status box will show which zones are open, the date the information was last updated, and any additional details about trail status. This page will also have an RSS feed attached to it in the coming months. ↪

Vermicompost Workshop

Saturday, February 4 at 9 a.m.
Riverside Community Center

Worm composting, also known as vermicomposting, uses earthworms to turn organic waste into high quality compost. The worms not only decompose food scraps, but they make highly fertile topsoil, which is great for your garden.

Attendees are encouraged to bring an old recycling bin or a similar container to the workshop where presenter Art Homer will demonstrate how to create a worm farm. The process is simple, cheap and easy to maintain - there are no fruit flies, spiders or other crittes to worry about. All ages are welcome!

Free Fitness Classes

The Riverside Community Center offers free fitness classes during the week.

M/W/F from 8 to 9:30 a.m. is Yoga/Cardio/Strength Class.

M/Th from 10 to 11 a.m. is Line Dancing and Weights.

Wed. from 10 to 11 a.m. is Stay Strong Stay Healthy Class.

Pickleball

Head to the Riverside Community Center on Wednesday nights in February from 6 to 9 p.m. for Pickleball league! Free to participate. All ages and experience levels welcome.

Calendar

February 1

Park Board - 6 p.m.

February 7

Board of Alderman – 7 p.m.

February 9

Planning and Zoning – 7 p.m.

February 13

Tourism Commission – 6 p.m.

February 20

City Offices Closed

February 21

Board of Alderman – 7 p.m.

February 23

Planning and Zoning – 7 p.m.

“My Riverside” Photo Contest

The City of Riverside is proud to announce our first annual “My Riverside” photo contest. Pictures can include cityscapes, wildlife, events, parks, and community life here in Riverside. There will be one winner in each category (Youth: under 18, Adult: 18-54, Senior: 55 and over), and one overall winner. Winning photos will be published in the City’s 2012 Progress Report, and winners will each receive a \$50 gift card.

Contest Rules

- The contest is open to everyone. You do not have to be a Riverside resident.
- All photos must be taken within the Riverside City limits.
- Limited to five entries per person.
- Each entry must have the category you are entering and your contact information.
- All photos must be original work of the contestant and never been the subject of a copyright.
- Digital photos: must be jpg files at least 300 dpi at 5” x 7”, and can be submitted to mhauck@riversidemo.com.
- Standard prints: must be at least 4” x 6”.and can be submitted at City Hall or mailed to My Riverside Photo Contest, c/o Meredith Hauck, 2950 NW Vivion Road, Riverside, MO 64150. Photos will not be returned.
- Contest entry deadline is November 30, 2012.
- All photos submitted shall become property of the City of Riverside and may be used in future publications. ~